

## CURRICULUM VITAE

Kristin Ryan PT, DPT  
St. Ambrose University

### Education:

Doctor of Physical Therapy  
St. Ambrose University, Davenport, IA  
Physical Therapy  
December, 2004

Bachelor of Arts  
Psychology  
Biology  
St. Ambrose University, Davenport, IA  
May, 2003

### Licensure Information / Registration Number:

Iowa, 004884  
Illinois, 070.014462

### Certifications:

American Heart Association CPR for Healthcare Providers (current)  
APTA Advanced Clinical Instructor, 2014  
Certified Lymphedema Therapist, 2012  
Cancer Exercise Specialist, Rocky Mountain Cancer Rehabilitation Institute, 2009  
APTA Certified Clinical Instructor, 2006

### Employment and Positions Held:

#### **Academic**

Director of Clinical Education  
Clinical Associate Professor  
St. Ambrose University  
Davenport, IA  
2013–Present

Adjunct Faculty Member  
Physical Therapist Assistant Program  
Black Hawk College  
Moline, IL  
2012–2015

#### **Non-Academic**

Physical Therapist – Per diem  
Genesis Health System  
Silvis, IL & Davenport, IA

2011 – Present

Physical Therapist–Per diem  
Good Samaritan Society  
Davenport, IA  
2012 – 2013

Contract Physical Therapist  
Providence Physical Therapy  
Davenport, IA  
2011 – 2012

Physical Therapist III  
Rehabilitation Institute of Chicago  
Chicago, IL  
2005 – 2011

Funded/In Review Grant Activity:

Frank LM, Miller KA, **Ryan K**  
\$4,114

The Relationship Between Stress, Anxiety, and Self-Care in Doctor of Physical Therapy Students

2019

St. Ambrose University, College of Health and Human Services Faculty Scholarship Grant

Peer Reviewed Publications:

Anderson KD<sup>1</sup>, Acuff ME, Arp BG, Backus D, Chun S, Fisher K, Fjerstad JE, Graves DE, Greenwald K, Groah SL, Harkema SJ, Horton JA 3rd, Huang MN, Jennings M, **Kelley KS**, Kessler SM, Kirshblum S, Koltenuk S, Linke M, Ljungberg I, Nagy J, Nicolini L, Roach MJ, Salles S, Scelza WM, Read MS, Reeves RK, Scott MD, Tansey KE, Theis JL, Tolfo CZ, Whitney M, Williams CD, Winter CM, Zanca JM. United States (US) multi-center study to assess the validity and reliability of the Spinal Cord Independence Measure (SCIM III). *Spinal Cord*, 2011; Aug;49(8):880-5.

Peer Reviewed Scientific and Professional Presentations:

**Peer Reviewed Scientific Presentations**

**Ryan K**, Birely C. High Intensity Gait Training Part II – Clinical Application across the Continuum of Care. St. Ambrose University Lunch and Learn (Virtual Webex Presentation) April 6, 2023.

**Ryan K**, Birely C. A Recipe for Success: Implementing the Active Ingredients of High Intensity Gait Training into Daily Clinical Practice. St. Ambrose University Lunch and Learn (Virtual Webex Presentation) January 19, 2023.

Frank L, **Ryan K**, Miller K.

The Relationship between Stress, Anxiety, and Self-Care in Doctor of Physical Therapy Students. Educational Leadership Conference, Milwaukee, WI. October 2022 (Poster Presentation)

**Ryan K**, Cooper, N

Student Physical Therapist Perceptions of Intra-Professional Education.

Combined Sections Meeting of the American Physical Therapy Association, Denver, CO (Poster Presentation)

February, 2020

Janota J, **Ryan K**, Lampe K.

Management of a patient with Lipedema post water jet–assisted liposuction.

Combined Sections Meeting of the American Physical Therapy Association, New Orleans, LA (Poster Presentation)

February, 2018

**Ryan K.**

Facilitating positive PT & PTA student interaction through case scenario

Discussions.

Combined Sections Meeting of the American Physical Therapy Association, Anaheim, CA (Poster Presentation)

February, 2016

### **Professional Presentations**

**Ryan K.**

The Relationship Between Stress, Anxiety, and Self-Care in DPT Students

CHHS All College Meeting

May 2, 2023

**Ryan K.**

Aging Innovatively: A Healthy Aging Program – Falls Prevention

Center for Active Seniors

February 17, 2023

**Ryan K.**

Aging Innovatively: A Healthy Aging Program – Falls Prevention

Center for Active Seniors

February 18, 2022

**Ryan K.**

Wheelchair seating tips all therapists should know

IPTA Southwest District Meeting

February, 2017

**Ryan K.**

Walking recovery after spinal cord injury  
Genesis Medical Center 7<sup>th</sup> Annual Spinal Cord Injury Conference  
April, 2016

**Ryan K.**

Incorporating Kinesio Tape—does it work  
Genesis Medical Center 7<sup>th</sup> Annual Spinal Cord Injury Conference  
April, 2016

**Ryan K.**

Gait speed and outcome measures  
Illini Outpatient Rehabilitation, Silvis, IL  
January, 2013

**Ryan K.**

Chemotherapy induced peripheral neuropathy  
Blessing Hospital, Quincy, IL  
March, 2010

**Ryan K.**

Modalities in the cancer population  
Blessing Hospital, Quincy, IL  
March, 2010

**Ryan K.**

Pulmonary rehab considerations  
Blessing Hospital, Quincy, IL  
March, 2010

**Ryan K.**

Spinal cord injury knowledge: Is it being taught? Who's learning  
Rehabilitation Institute of Chicago Annual Spinal Cord Injury Conference, Chicago, IL  
March, 2009

**Ryan K.**

Spinal cord injury research and practice—Wheelchair skills lab assistant  
Rehabilitation Institute of Chicago Academy Continuing Education Course, Chicago, IL  
July, 2008

**Ryan K.**

Return to rehab: Transfer training  
Rehabilitation Institute of Chicago Academy Continuing Education Course, Chicago, IL  
June 2006

**Ryan K.**

Return to Rehab-Gait Lab Assistant

Rehabilitation Institute of Chicago Academy Continuing Education Course, Chicago, IL  
June, 2006

**Ryan K.**

Body Weight Supported Treadmill Training—Research and practice

Spinal Cord Injury Model Systems Forum, Cleveland, OH

October, 2006

Current/Active Research Activity:

Frank LM, Miller KA, **Ryan K**

The Relationship between Stress, Anxiety, and Self-Care in Doctor of Physical Therapy Students -Internal grant. Educational Leadership Conference Poster presentation accepted. June 2022.

**Ryan, K, Cooper, N.**

Student Physical Therapist Perceptions of Intra-professional Education IRB accepted.

Manuscript submitted/declined. 2022.

Frank LM, Miller KA, **Ryan K**

The Relationship between Stress, Anxiety, and Self-Care in Doctor of Physical Therapy Students -Internal grant. Data collected. Manuscript planned for submission to Journal of Physical Therapy Education by 2023-2024.

**Ryan, K, Janota, J, Lampe K.**

Complex Decongestive Therapy and Lipedema: A Case Report. Manuscript planned submission to Journal of Lymphoedema.

Membership in Scientific/Professional Organizations:

American Physical Therapy Association

2013-Present

2003-2005

a) Academy of Physical Therapy Education section, 2013–Present

b) Academy of Oncologic Physical Therapy, 2015–Present

○ Lymphedema Intervention Clinical Practice Guideline reviewer, 2017–2019

○ Cancer Related Fatigue Clinical Practice Guideline reviewer, 2018–2019

○ Screening and Assessment of Cancer-Related Fatigue: A clinical Practice Guideline for Health Care Providers. Physical Therapy Journal Sept 2022

Iowa Physical Therapy Association

2013–Present

2003-2005

Iowa Clinical Education Consortium

2013-Present

Secretary 2020-present

Consultative and Advisory Positions Held:

Member

Black Hawk College Physical Therapist Assistant Program Advisory Board  
2014-Present

Quality Improvement Project-Cancer Rehab, Rehabilitation Institute of Chicago  
2010-2011

Quality Improvement Project-Spinal Cord Injury Patient Education, Rehabilitation  
Institute of Chicago 2008-2009

Community Service:

Café on Vine Volunteer

April 23, 2023

Tuberous Sclerosis Alliance Advocate - March on the Hill  
2021

Tuberous Sclerosis Alliance Auction/Fundraising Volunteer  
2020-Present

Balance Volunteer  
MILESTONES Area Agency on Aging  
2015-Present

Volunteer  
St. Ambrose Children's Campus  
2015-2022

Interprofessional Health Clinic Volunteer Faculty Member  
St. Ambrose University  
2016-Present

Meal delivery Volunteer  
St. Paul's Catholic Church  
2015-Present

Member & Volunteer  
St. Paul's the Apostle Parish  
2015-Present

Volunteer  
Junior BIX Start Line  
2012-Present

Volunteer with adults and children with disabilities to surf  
Kauai Ocean Recreation Experience (KORE)  
2011

Member & Eucharistic Minister  
Our Lady of Mt. Carmel  
2011

Volunteer for Chicago Marathon for arm cyclers and wheelchair racers  
2008-2009

Volunteer for Moving Mountains–Rehabilitation Institute of Chicago’s adapted camping  
and outdoor sports  
2005

Volunteer for meals  
St. Anthony's Parish  
2004

Volunteer/fundraiser/runner  
Arthritis Foundation  
2001

Services to the University/College/School on Committees/Councils, Commissions:

**College/School**

2022

Search Committee lead, Contract Coordinator, College of Health and Human Sciences

2022

Search Committee, St. Ambrose University Children’s Campus Director

2021-Present

Academic Support Faculty Committee Member 2021-2024

Co-chair 2022-2023

2021

Faculty Fieldwork Coordinator Search Committee, Occupational Therapy Program

2015-2020

CHHS International Committee Member

2020

Early Childhood Educator Search Committee, St. Ambrose University Children’s  
Campus

2020

Search Committee, St. Ambrose University Children's Campus Director

2017

Faculty Search Committee, Master of Physician Assistant Studies Program

## **Department**

2022

Post Professional and Continuing Education Committee, Co-Chair

2021

Search Committee, St. Ambrose DPT Program office administrative assistant

2020-2022

Post Professional and Continuing Education Committee Member

2013-Present

Faculty Committee Member

2013-Present

Clinical Education Committee, Co-Chair

2015-2016

Admissions and Retention Committee Member

## Honors and Awards:

People's Choice Award for implementing SCI Patient Education Series on the television  
Rehabilitation Institute of Chicago Quality Improvement

2009

## Continuing Education Attended (related to the DPT program, last 5 years):

- Evidence Based Practice Symposium. Davenport, IA, April 24, 2023. 2.4 contact hours.
- APTA CPI 3.0 PT DCE Training. 1.5 contact hours. 0.15 continuing ed units. April 18, 2023.
- Engaging Students: Insights from Neuroscience and the Big Screens. Dr. Barbara Oakley. Top Hat Higher Learnings. April 13, 2023. 1 hour
- From Grades to Growth: Ungrading and Alternative Assessments. March 23, 2023. 1 hour
- Identifying and Treating Lymph Conditions in Orthopedic Patients. Davenport IA. February 28, 2023. 2.2 hours
- St. Ambrose University DPT virtual lunch and learns. Davenport IA
  - October 17, 2022: 1.2 hours
  - November 2, 2022 1.2 hours
  - February 27, 2023 1.2 hours



- March 28, 2023 1.2 hours
- April 6, 2023 1.2 hours
- May 9, 2023 1.2 hours
- June 13, 2023 1.2 hours
- Educational Leadership Conference. Milwaukee, WI. Oct 27-30, 2022. 1.4 CEUs, 14 contact hours.
- St. Ambrose University DPT Alumni Symposium. Davenport IA. Sept 17, 2022. 2.5 contact hours.
- Ethics in Therapy – Addressing the Patient’s Perspective: A philosophical Perspective. Silvis, IL. July 21, 2022. 3.0 contact hours.
- Evidence Based Practice Symposium. Davenport, IA, April 24, 2022. 2.4 contact hours.
- Combined Sections Meeting, San Antonio, TX. February 2022
  - Ultralight Manual Wheelchairs RESNA Position Update 2021: Current Evidence & Recommendations
  - Rethinking the Tools in the Toolbox? Evidence-Based Strategies to “Move Forward” in Neurological Rehabilitation
  - Oh No! I have ICU Patients on My Schedule: What Do I Need To Know?
  - Illuminating the Path: Defining the Faculty Role in Student Accommodations
  - Adapting: Curriculum Design for a New Generation of Adult Learners
  - LAMP Leadership “TED-Style” Talks – Shared Lessons on Leading Within and Leading Others
  - Competency-Based Education in Physical Therapy 101
- Child Abuse Mandatory Reporter Training. Iowa DHS website October 12, 2021. 2.4 CEU
- Dependent Adult Abuse Mandatory Reporter Training. Iowa DHS website. October 13, 2021 2.4 CEU
- Preventing Sexual Harassment Curriculum. Online hccs. September 2021. 1 CE
- Evidence Based Practice Symposium. Davenport, IA, April 19, 2021. 2.6 contact hours.
- Combined Sections Meeting, Virtual February 2021.
  - Oncology Research Update: A Year in Review
  - Clinical Implementation of CPG for Breast Cancer Related Lymphedema: A Case-Based Approach
  - Acute Care Physical Therapy Core Outcome Measure Set: A CPG.
  - Updates in Knee Arthroplasty: Innovations in Rehabilitation and Surgery.0.15
  - Translating Research Into Clinical Practice: A Practical Approach for the Academy of Oncologic Physical Therapy
  - Neuro – WC SIG
  - PT-PTA
- COVID-19 and the Role of Physical Therapy, ITPA SE District Meeting. Nov 12, 2020 1 CEU
- Preventing Sexual Harassment Curriculum. Online hccs. September 28, 2020. 1 CE
- Ethics for Physical Therapists, Davenport, IA, August 25, 2020. 3.60 CE
- Combined Sections Meeting, Denver, CO, February, 2020. 18 contact hours

- Oncology Research Update: A Year in Review. Feb 13, 2020
- Getting to the Clinical Bottom Line: Knowledge Translation Strategies for the Locomotor CPG Action Statements. Feb 13, 2020
- Physical Therapy and Oncology Care: Systemic Influences, Implementation, Cost, and the Need for More Research. Feb 13, 2020
- Oncology Platform Presentations #1. Feb 14, 2020
  - Cardiometabolic Characterization of People Living with HIV Seeking Treatment in the South Texas Region
  - Implementing Oncology Rehabilitation Outcome Measures into Physical Therapy Practice Using a Knowledge Translation Process
  - Case Report of Intramuscular Dry Needling-Electrical Stimulation to Facilitate Hand Function after Brain Tumor Resection
  - Effects of Aerobic and Resistance Exercises on Lean Mass and Insulin Resistance in Obese BCS
  - High-Intensity Interval Training Did Not Change Blood Pressure in Breast Cancer Patients Undergoing Anthracycline Chemotherapy
  - Health Beliefs about Physical Therapy for Breast Cancer-Related Impairments: Insights from Survivors and Their Providers
  - Movement, Function, and Lymphedema in Women with and without Axillary Web Syndrome: 5 Year Follow-up
  - Breast Cancer Survivors' Postural Sway Exceeds Expectations for Age or Vestibular Pathology: A Cross-Sectional Analysis
- Clinical Practice Guideline for the Screening and Assessment of Cancer Related Fatigue. February 15, 2020
- Educational Leadership Conference/National Consortium of Clinical Educators meeting, Bellevue, WA October, 2019
  - Medical Education Research Certificate Workshop: Scholarly writing, Questionnaire Design and Survey Research. Oct 17, 2019
  - 6<sup>th</sup> Annual Geneva R. Johnson Forum on Innovation in Physical Therapy Education PART 1.
  - The Rest of the Story: Building blocks for Developing Education Researchers and Agendas
  - Innovating Quality Clinical Education Relationships: Using Data to Reduce Partner Volume and Build CI Engagement.
  - Teaching the PT-PTA Relationship: "Teaming" with Possibilities!
  - Platform Presentations #4
    - The Amazing World of Budgeting and Personal Financial Literacy, a Student Journey to Discovery.
    - "How Rude!" Stop Inadvertently Insulting Your Patients.
    - Integration of a New Clinical Practice Guideline into Entry Level Physical Therapist Education
    - Doctorate in Physical Therapy Student and Community Collaboration to Enhance Fitness in Children with Disabilities
    - Triangulating Information for Data-Driven Academic and Non-Academic Decisions: The Legal Perspective
  - Ready for the World: Cultivating Culturally Competent Clinicians through

### Diversity Group Education

- Health Care Innovations, Institute for Person Care, St. Ambrose University. October 1, 2019. 5.7 hours
- Wheelchair modules 1-7: Wheelchair Users & Service Delivery Overview, Sitting Posture, Pressure Injuries, Exam & Eval Part 1 (Evaluation, assessment, screening), Part 2 (Physical Evaluation), Part 3 (Assessment & Plan of Care), Terms and Definitions/Dimensions and Angles. Academy of Neurological Physical Therapy Synapse Education Center. Aug 5, 2019. 1.4 CEUs
- Risk Factors for Cancer-related Upper Quadrant Lymphedema: Myth Busters. Educata. July 25, 2019. 1 hour
- Diagnosing Upper Quadrant Cancer-related Secondary Lymphedema – A Case Study. Educata. July 11, 2019. 1 hour
- Venous and Lymphatic Health, Davenport, IA, October, 2018
- Ethics in Therapy, Davenport IA, July, 2018
- Evidence based Practice Institute: integrating Evidence Based Practice in a Physical Therapy Educational Program – From the Classroom to the Clinic. Fetters and Tilson. Davenport, IA, March, 2018. 15 hours
- Educational Leadership Conference/National Consortium of Clinical Educators meeting, Columbus, OH, October, 2017
  - Disruptive Innovation in Physical Therapy Education: Why a Shift in Focus is Essential to Add Value to the Emerging Health Care System?
  - Inter-University Exploration of the Collaborative Model in Physical Therapy Clinical Education: The Impact on the Clinical Instructor Experience
  - Pathways to the PhD: The Future of the Academy
  - Transforming Physical Therapist Clinical Education for 21st Century Practice: Findings of the APTA Best Practice in Clinical Education Task Force
  - Behind the Curtain: Enhancing Clinical Reasoning through Effective Clinical Mentoring in Acute Care Practice
- Advancements in Amputation Surgery and Prosthetic Rehabilitation, Davenport, IA, April, 2017. 8 CEUs
- IPTA SE District Meeting 5x5 Presentations on Physical Therapy Best Practices, Davenport, IA, February, 2017

### Current Teaching Responsibilities in the Entry-level Physical Therapy Program for Academic Year of Site Visit:

Year 1, Fall 2022, Term 1

DPT 515: Professional Seminar

Co-Course Coordinator

Year 1, Fall 2022, Term 1

DPT 560: PT Procedures I

Course Coordinator

Year 1, Spring 2023, Term 2

DPT 580: Clinical Education

Co-Course Coordinator

Year 1, Summer 2022, Term 3  
DPT 582: Clinical Education  
Co-Course Coordinator

Year 2, Fall 2022, Term 4  
DPT 630: Neuromuscular Therapeutics  
Lab Assistant  
DPT 640: Cardiopulmonary Therapeutics  
Lecturer  
DPT 680: Clinical Education  
Co-Course Coordinator

Year 2, Spring 2023, Term 5  
DPT 670: Orthotics and Prosthetics  
Lecturer  
DPT 780: Clinical Education  
Co-Course Coordinator

Year 1/2, Spring 2023, Term 2/5  
Clinical Correlates  
Course Coordinator

Year 2, Summer 2023, Term 6  
DPT 781: Clinical Education  
Co-Course Coordinator

Year 3, Fall 2023, Term 7  
DPT 782: Clinical Education  
Co-Course Coordinator  
DPT 784: Clinical Education  
Co-Course Coordinator